

LONDON BOROUGH OF TOWER HAMLETS

MINUTES OF THE TOWER HAMLETS HEALTH AND WELLBEING BOARD

HELD AT 5.43 P.M. ON TUESDAY, 18 APRIL 2017

**MP701, 7TH FLOOR, TOWN HALL, MULBERRY PLACE, 5 CLOVE CRESCENT,
LONDON, E14 2BG.**

Members Present:

Councillor Amy Whitelock Gibbs (Chair)	(Cabinet Member for Health and Adult Services)
Dr Sam Everington (Vice-Chair)	(Tower Hamlets Clinical Commissioning Group)
Councillor Rachael Saunders (Member)	(Cabinet Member for Children's Services)
Councillor David Edgar (Member)	(Cabinet Member for Resources)
Councillor Sirajul Islam (Member)	(Statutory Deputy Mayor and Cabinet Member for Housing Management & Performance)
Councillor Danny Hassell (Member)	(Non-Executive Group Councillor)
Dr Somen Banerjee (Member)	(Director of Public Health)
Debbie Jones (Member)	(Corporate Director, Children's Services)
Denise Radley (Member)	(Director, Health, Adults & Community Services)
Simon Hall (Member)	(Acting Chief Officer, NHS Tower Hamlets Clinical Commissioning Group)

Co-opted Members Present:

Jackie Sullivan (Barts Health, NHS)

Apologies:

Dr Ian Basnett (Public Health Director, Barts Health NHS Trust)
Dr Navina Evans (Chief Executive, East London NHS Foundation Trust)
Fahimul Islam (Young Mayor)

Others Present:

Manawuba Eka Tower Hamlets Together

Officers in Attendance:

Sarah Williams (Team Leader Social Care, Legal Services, Law Probity & Governance)
Kate Smith (Head of Healthy Lives, LBTH)
Simon Twite (Strategist, Tower Hamlets Public Health)

1. STANDING ITEMS OF BUSINESS

1.1 Welcome, Introductions and Apologies for Absence

The Chair, Cllr Amy Whitelock-Gibbs welcomed everyone to the Health and Wellbeing Board.

The Chair put forward her request to add the local Borough Commander for Fire and Health Safety to the membership of the Health and Wellbeing Board as Fire Officers play an important community wellbeing role.

Members of the Board **AGREED** with the suggestion.

The Chair also stated the progress of the North East London Sustainability and Transformation Plan (NEL STP) would be further discussed at the Health and Wellbeing Board and Cabinet in the near future.

Apologies for absence were received from Sue Williams – Borough Commander Metropolitan Police, Dr Ian Basnett – Public Health Director, Barts NHS Trust, Dianne Barham – Director of Healthwatch Tower Hamlets and Jamal Uddin, Strategy, Policy and Performance Officer, LBTH.

1.2 Minutes of the Previous Meeting and Matters Arising

The minutes from the Board meeting of 21st February 2017 were agreed and approved as an accurate record of the meeting subject to the following matter arising.

Page 3 – The organisational development workshop did not take place on the 21st March 2017, and will now take place on the 31st May 2017.

1.3 Declarations of Disclosable Pecuniary Interests

No member of the Board declared an interest.

1.4 Forward Plan

Board Members were asked to **NOTE** the forward work programme for the Health and Wellbeing Board for the forthcoming municipal year of 2017/18.

Cllr Hassell asked if the 'Physical activity and sport strategy' scheduled for the 7th November could come to the September meeting of the Board, as views and comments could then be fed to Cabinet, who are to sign off the strategy on the 28th November.

The Chair and Board Members **AGREED** to the amendment.

Action: The Chair and Vice-Chair of the Health and Wellbeing Board to meet separately to discuss the forward work programme and to agree any other items that may need to be added.

2. HEALTH AND WELLBEING BOARD STRATEGY 2017-20 - DELIVERING THE BOARDS PRIORITIES

The Chair stated the following work streams of the Health and Wellbeing Strategy were to be discussed at this meeting.

She said the monitoring of the Strategy would be by the Health and Wellbeing Board however stakeholders may want to consider how they might monitor the Strategy, in their own organisations.

2.1 Communities Driving Change

Cllr Racheal Saunders, Cabinet Member for Education and Children's Services, and Board Champion for this priority stated the working group had identified a number of actions which were essential to ensure residents were empowered to drive change and improve health outcomes for themselves.

She said residents dealing with various agencies, needed a connected and cohesive response from stakeholders and information need to be shared more widely. For example, feedback from surveys needed to be available in a data bank of information. However she warned about the risk of being over focussed on Public Health outcomes and losing what local communities really wanted.

The actions identified by this Priority are:

Action 1.1: Implement a 'health creation' programme in which residents:

- identify issues impacting on health and wellbeing that matter to local people
- recruit other residents who have the energy and passion to make a difference develop and lead new ways to improve health and wellbeing locally

Action 1.2: Implement a programme across the partnership to promote a culture in their organisations that empowers people to be in control and informed about how to improve their health

Action 1.3: Engage local residents with the work of the Board and to deliver this strategy by:

- hosting an event in each area at least one month prior to our Health and Wellbeing Board meetings
- following this up with a further meeting with the public to report back
- using social media to communicate more regularly and creatively with a wider range of local people.

The Board members made the following comments:

- The Chair stated she was not expecting residents to attend Health and Wellbeing Board meetings however the Board needed to be outward facing, meeting residents and engaging with them when discussing topics/ideas.
- Members suggested HWBB meetings could be held at different locations such as Schools, Police and Fire Stations, Canary Wharf (for Employment and Health priority) and meetings could be themed to make them relevant to the location and local people.
- Need to ensure opportunities to engage with others is fully utilised. For example the co-chair for Learning Disability will have an interest in Learning Disability and access and should be invited to the HWBB when this is discussed.
- There are clear links with the Strategy and the 'Tower Hamlets Together' programme.
- A repository where data and intelligence is collated in one place is required with a dedicated resource, to ensure it is up to date and accurate.

Action: HWBB Officers of the 'Executive Officer Group' to discuss if 'Tower Hamlets Together' should host the resource and how this will function.

Action: Simon Hall and Denise Radley to take forward Action 1.2

Action: Work stream needs to work in partnership with Healthwatch in taking forward Action 1.3

2.2 Employment and Health

The Chair introduced this work stream stating Employment and Health encompassed a wide range of items however the working group had concentrated on two main areas (1) Back to work support and (2) Leaders and employers providing a healthy working environment.

She referred Members of the Board to page 27 of the agenda pack and the actions listed:

Action 3.1: We aim to strengthen the integration between health and employment services by:

- Using social prescribing as a lever to strengthen links between health and employment services
- Reviewing best practice elsewhere

- Shaping and ensuring effective local delivery of the Department of Works and Pensions Work and Health programme.

Action 3.2: We aim to sign up our partner organisations to the London Healthy Workplace Charter and to:

- undertake self-assessment
- identify priorities for improvement and shared priorities for action to improve the level of healthy improvement

She said it was imperative to build on the 'Workpath' and 'Social Prescribing' initiatives.

Members of the Board made the following comments:

- Cllr Hassell asked how the partnership was to engage with the DWPs work and health programme, page 30 of agenda pack.
- Social Prescribing needs to be introduced to other services within the borough - employees need an understanding of what it is and how to apply it.
- Work stream has parallels with the NEL STP, Mental health – "Time for Change" initiatives and the Board needs to build on this. Bart's 'Healthy Workplace Charter' should be shared widely with other stakeholders.
- Dr Everington stated the STP workshop held on the 27th March looking at Social Prescribing had identified recommendations which could be incorporated into this work stream.
- Workpath needs to ensure it includes homeless people, who loose connection with services and how to get them back into work.
- Simon Hall stated the staff shortage in the health and care sector could be filled by local people, who were skilled up to take on varying roles.
- To encourage local employees to provide 'work placements' and 'internships' to those who are interested in the health and care sector.

Action: Conduct a review of Best Practice to identify what other practical solutions can be found to bridge the gap between employment and health.

2.3 Children's weight and nutrition

Dr Sam Everington, introduced this work stream stating the group had identified various ideas such as the introduction of a health expert on every Governing Body and the promotion of Health and Happiness within schools to having a clear community engagement and communications strategy. He said it was important to educate parents and head teachers about mental health and child wellbeing and to drive up the quality and standard of care in schools.

Debbie Jones added figures for nutrition and child weight were poor and this challenge was something the Board needed to address.

The actions put forward by this work stream are:

Action 4. 1

We aim to strengthen existing school programmes by:

- identifying and supporting a 'health representative' on the governing body of every school
- telling parents what each school is doing for their child's health and wellbeing
- promoting the 'Healthy Mile' in schools, which is a scheme that ensures pupils run for a mile a day
- inviting a representative from the Tower Hamlets Education Partnership into the Health and Wellbeing Board

Action 4.2

- Develop and implement a community engagement and communications strategy around healthy weight and nutrition, with particular emphasis on high risk groups

Board Members made the following comments:

- Members agreed there should be health representations on Governing Boards.
- Information on how schools were performing against public health targets – showing if they were on or off track needs to be provided. Need to question what we are doing to change the outcome – a logic model on every theme was proposed.
- New School Nursing contract needs to provide challenge and needs to be integrated with the wider offer. Simon Hall stated the contract was to be re-commissioned and Member input would be welcomed.
- School nursing needs to be provided in a more holistic way.

Action: An action log was required to track the progress of each recommendation put forward by the work streams so the Board does not lose sight of what has been agreed.

3. LOCAL GOVERNMENT DECLARATION ON SUGAR REDUCTION AND HEALTHIER FOOD

Dr Somen Banerjee presented this report. He said the purpose of the Local Government Declaration on Sugar Reduction and Healthier food was a Government backed initiative designed to reduce sugar intake and promote healthier lifestyles.

He referred Members of the Board to point 3.5 of the report which stated "Average intakes of sugar in England are three times higher than the

maximum recommended level in school-aged children and teenagers and around twice the maximum recommended level in Adults.”

The Scientific Advisory Committee on Nutrition (SCAN) had identified six areas for improvement and these were areas that the HWBB could take forward.

Member of the Board made the following comments:

- Labelling should not state ‘reduce sugar’, as this deters people from buying the product.
- Council needs to be proactive in monitoring health impacts and Health impact assessments should feature on all reports coming to the council, as they do for planning applications.
- Consideration needs to be given to developing a process whereby planning applications are referred to Public Health, for comment and input.

Action: Sarah Williams to inform the Head of Legal Services about the HWBB’s request to have an ‘Health Implications’ paragraph inserted to council reports and guidance on how Officers complete Health Impact Assessment for reports they submit.

Action: Dr Somen Banerjee to feedback to Sustain the comment made regarding labelling and the need to include other partners, not just local government, in the dissemination of their research findings.

Action: Bart’s NHS Trust to share the findings of the research with their new Catering and facilities provider.

The Health and Wellbeing Board

1. Noted the recommendations being considered by the Mayor in Cabinet, to agree
 - (a) To sign up to the Local Government Declaration on Sugar Reduction and Healthier Food and agree which specific actions should be recommended for 2017/18.
 - (b) That the formal sign up to the Declaration to be used as a publicity opportunity, and
 - (c) A cross council work programme to ensure that the agreed actions are implemented during 2017/18 and to provide progress report at the end of the year.
2. Partner agencies of the Health and Wellbeing Board are invited to consider whether they could sign up to a similar declaration of commitments.

4. BETTER CARE FUND 2017 UPDATE

Denise Radley, Corporate Director for Health Adults and Community updated Board members with regard to the Better Care Fund 2017.

She said the guidance from NHS England had been delayed and was published on the 31st March 2017.

The interim Better Care Fund had been connected with the Adult Social Care money and to complicate matters there was also the 'Improved' Better Care Fund, which the government was releasing in two tranches. Tower Hamlets was a net loser with regard to the first tranche of monies, with the second tranche being ring-fenced to be spent on Adult Social Care.

The Board had agreed to delegate responsibility to Denise Radley and Simon Hall, as co-chairs of the Joint Commissioning Board to sign off the Better Care Fund Plan and the intention is to get the plan approved by Cabinet for 27th June, with submission to NHS England in early July.

The Health and Wellbeing Board **NOTED**

The further delay in the publication of the BCF guidance and received an oral update at the meeting.

5. ANY OTHER BUSINESS

Community Health Services – Alliance Partnership Agreement between CCG and GP Care Group, Barts Health and East London Foundation NHS Trusts

Simon Hall, Acting Chief Officer of Tower Hamlets Clinical Commissioning Group informed Board Members the alliance partnership agreement between the three local healthcare providers had been agreed on the 31st March 2017, after a three year journey.

He said the agreement will mean integrated services and a better outcome for patients. Tower Hamlets Together and local people had been involved in the design of the care pathways in an effort to reduce duplication where possible.

The Health and Wellbeing Board **NOTED**

1. The report and will ensure the dissemination as appropriate within organisations represented by the Board.

6. DATE OF NEXT MEETING

Members of the Health and Wellbeing Board were asked to note the next meeting of the Board was for the 4th July 2017.

The meeting ended at 7.18 p.m.

Chair, Councillor Amy Whitelock Gibbs
Tower Hamlets Health and Wellbeing Board